



The Role of Cadres to Educate on the Activities of the Youth Integrated Service Post in Jamika Village Bojongloa Kaler Bandung

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Abstract. Adolescence is a transitional phase from childhood to adulthood. This phase has many physical and psychological changes that can cause various problems. The RW 09 Jamika integrated youth service post is a form of community-based health effort (UKBM) to bring adolescent health services closer to the RW 09 area. It has a function as a means of nonformal education regarding adolescent health. Implementing the integrated youth service post in RW 09 Jamika is suspected to have been more optimal for educating adolescents. This is because the youth of RW 09 Jamika have problems including (1) having anemia, (2) smoking habit, (3) the habit of staying up late, and (4) rarely doing physical activity. The aims of this study were (1) to describe the role of cadres in educating youth at RW 09 Jamika integrated service post activities; (2) to describe the inhibiting factors for cadres to help educate youth in youth integrated service post activities in RW 09 Jamika; and (3) provide solutions in increasing the role of cadres in educating youth integrated service post activities in RW 09 Jamika. The research method used is qualitative. This research data collection technique consists of interviews, documentation, and observation. The results of this study are (1) the role of the cadres is carrying out peer counseling, implementing the five-desk principle, and providing multiple questionnaires; (2) the inhibiting factors for the role of cadres in educating are the knowledge of cadres who have not mastered it optimally, limited time for training cadres and youth to be carried out by health center staff, and limited infrastructure; and (3) the solution to increasing the role of cadres in educating is to conduct coaching for cadres, scheduling according to the schedule of puskesmas officers or youth activities, and collaborating with related devices to help fulfill facilities and infrastructure.

Keyword: Youth Integrated Service Post, Nonformal Education, Cadre Role

INTRODUCTION

Education is a human effort to free oneself from ignorance, backwardness, helplessness, poverty, and faith and increase devotion through knowledge and empowerment to improve the

quality of life (Hidayat, 2022). According to Rinawati (2015), education has a role as a means to prepare the next generation of the future to give birth and realize human qualities that have the ability and intelligence to face the dynamics of life's challenges. In its implementation, education should run throughout life without stopping so that education is one of the basic needs of humans to develop themselves and improve the quality of their lives to be better than before.

Along with the rapid progress of the development of information and communication technology, basic human needs will increase. This results in the number of minimum basic abilities that humans must possess so that the implementation of education cannot be limited to a simple scope. Referring to the limits of its scope and the rapid advancement of technology, the term education has developed in educational studies. One of the educational terms that emerged was extramural education.

The implementation of education in Indonesia is regulated in Law Number 20 of 2003 concerning the National Education System. The law states that the education system in Indonesia is organized on three paths: formal education, non-formal education, and informal education. Formal education is held in school institutions, non-formal education is held at institutions outside the school, and informal education is held in the family environment. These three educational paths are interconnected and complementary to each other.

Adolescents are one of the elements of society that act as the next generation of the nation in order to continue the country's social development. According to data from the Central Statistics Agency (BPS), the number of adolescents in Indonesia is estimated to reach 65.82 million people in 2022. Compared to Indonesia's total population in 2021, the number of adolescents is equivalent to 24% of the total population. In addition, the number of adolescents in Indonesia increased by 1.39% from the previous year. Nowadays, adolescents often face various problems, including dating, free sex, young marriage, and teenage pregnancy (Ministry of Health RI, 2015).

Adolescence is a transitional phase experienced by each individual from childhood to adulthood. According to Suhada (2016: 110), this phase occurs between 12 and 21. This phase undergoes rapid psychological, biological, and social changes, so any individual who experiences this phase will face many challenges from themselves and their environment. In addition, the impact of these rapid changes has resulted in the emergence of various health risks experienced by adolescents.

Problems in adolescents will continue to increase along with the times. According to Sulastrri (2019), adolescents need an integrated handling platform to obtain knowledge and

information related to health. Based on this fact, adolescents need to have a forum for health knowledge to prepare for puberty according to their needs. One of the efforts made by the government in dealing with this problem is through youth posyandu.

The Youth Integrated Service Post (Posyandu Remaja or Posrem) is one of the government programs that aims to educate and improve the health and welfare of adolescents in Indonesia. Adolescent posyandu is a forum for adolescent health services that facilitate all the general ins and outs of adolescent puberty. The primary purpose of the adolescent posyandu is to provide opportunities for adolescents to get developmental coaching according to their needs and characteristics through an integrated approach in terms of medical and religious (Ministry of Health RI, 2018). The implementation of adolescent posyandu has a legal basis, namely the Decree of the Minister of Health of the Republic Number 42 of 2016 concerning Minimum Service Standards in the Health Sector in Districts / Cities and Presidential Instruction Number 1 of 2017 concerning Healthy Living Communities.

Adolescent posyandu cadres are voluntarily selected and trained to carry out adolescent health service efforts for themselves, their peers, family, and the community (Ministry of Health RI, 2018). This means that cadres at Posyandu have an important role in implementing adolescent health monitoring. Cadres are responsible for conducting various health education and health promotion activities for adolescents and families, helping to monitor adolescent growth and development, and recording and reporting adolescent health conditions to health workers on duty.

The implementation of the youth posyandu in RW 09 Jamika Village, Bojongloa Kaler District, Bandung City, received a positive response from the surrounding community. The RW 09 community considers that adolescent posyandu activities can help educate and overcome problems regarding adolescent health. However, in its implementation, it is suspected that it has not been optimal to educate RW 09 Jamaica teenagers. This is because teenagers in RW 09 Jamaica have several problems, including (1) having anemia, (2) smoking, (3) staying up late or sleeping late, and (4) rarely physical activity.

LITERATURE

In general, the term role refers to dramatic activities. People who perform a role in drama or theater activities are called actors. Over time, the term role has been used in the context of drama and the social realm (Suhardono, 2016). *Role* is defined as an activity played by someone in a position. In the Big Dictionary of Indonesian (2008: 1155), a *role* is defined as the part

played by a player. In English, the role is a translation of the word "role," which means "person's task or duty in undertaking" or translated into "duty or obligation of a person in a business or job."

A person has a specific role based on his environment. Roles are influenced by social conditions both from within and outside and are stable (Megi, 2020). Jeiske Salaa (2015) states that roles refer more to function, adjustment, and as a process. *The role* is a function expected of someone holding a position (Ike, 2018). In the Big Dictionary of Indonesian (2008: 656), cadres are defined in two definitions, namely (1) *cadres* are defined as officers or non-commissioned officers in the army, and (2) cadres are defined as people who are expected to hold important jobs in government, party, and so on. In this study, the cadres are in adolescent integrated service post activities.

A cadre is a volunteer chosen by the community to help deal with various problems in the community. It is any person selected by the community and trained to deal with individual or community health problems and work in a very close relationship with places of health service delivery (Permenkes RI No. 25 of 2014). In adolescent integrated service post activities, cadres are one of the health workers who provide health services for adolescents. In the youth-integrated service post activities, cadres have duties consisting of (1) disseminating the implementation day of the adolescent-integrated service post activities to the community, (2) preparing the place for implementing the adolescent-integrated service post, (3) preparing juvenile-integrated service post facilities, (4) distributing tasks between adolescent integrated service post cadres, and (5) coordinating with related health workers (Ministry of Health of the Republic of Indonesia, 2018: 32).

Linguistically, the word education absorbs the English word "education." In Latin, the word "education" is an absorption of the word "educare," which consists of two syllables, namely "e" and "ducare". "E" is a word prefix that means "out," while "Educare" means "direct, lead, or lead." Based on this meaning, linguistically, education can be interpreted as an experience of "leading forward". In Greek, "education" translates the word "pedagogy," which means association with children. The word paedagogia contains several terms. *Pedagogos* were servants of ancient Greece who took children to school and supervised and guarded them. The term comes from the words *paedos*, which means child, and *agogos*, which means to guide or lead.

The Integrated Service Post is one of the Community Resource Health Efforts (UKBM) implemented by health cadres (M. Abdan, 2020). The integrated service post aims to bring health

services organized from, by, for, and with the community. According to the Ministry of Health of the Republic of Indonesia (2012), posyandu is based on empowering the community and providing convenience for the community to obtain essential health services to accelerate the reduction of maternal and infant mortality rates. The strategy plan of the Ministry of Health of the Republic of Indonesia in 2015 states that one policy of the Ministry of Health is to carry out continuous service delivery based on the human life cycle. The life cycle consists of the infant phase, the children's phase, the adolescent phase, the adult phase, and the elderly phase. The adolescent phase is the phase that has the most physical and psychological changes, so there needs to be a particular coaching forum for overcoming the impact of these changes.

METHOD

The method used in this study is the qualitative research method. According to Zuchri (2021: 79), qualitative methods are research methods used to examine natural object conditions, where researchers are key instruments, data collection techniques are triangulated, data analysis is inductive, and qualitative research results emphasize meaning rather than generalization. Meanwhile, according to Moleong (2016), qualitative research is scientific research that aims to naturally understand a phenomenon in a social context by prioritizing the process of deep communication interaction between researchers and the phenomenon under study.

According to Sugiyono (2016: 9), qualitative research methods are methods used to examine natural object conditions with research results emphasizing meaning rather than generalization. Qualitative research describes data in words obtained from informants and facts in the field. The research results with qualitative methods are to describe phenomena that occur in the field, collect data, and relate the relationship of phenomena with theory by triangulation.

DISCUSSION

The establishment of adolescent-integrated service posts in Bandung began with the results of a joint meeting between the Bandung City Health Office and Karang Taruna in Bandung, and as many as 80 adolescent-integrated service posts throughout 2022. The integrated youth service post in the work environment of Jamika Village has been implemented in the Rukun Masyarakat Unit 9 (RW 09) since November 2022. Mrs. Riska said this as the implementing officer of the Sukapakir health center who served at the health consultation desk (table 4) at the integrated service post for adolescents RW 09 Jamaica. The following are the results of an interview conducted by researchers with Riska.

In the interview, Mrs. Riska mentioned that implementing the RW 09 Jamaica youth integrated service post activity began in November 2022 as a ceremonial or opening event. However, in the following month, the activities of the RW 09 Jamaica youth integrated service post were stopped due to the election and change of RW management from December 2022 to January 2023.

The role of cadres

Cadres are considered tutors or facilitators in integrated service post activities who carry out mentoring, monitoring, and counseling activities (Dewi, 2020). Cadres have a role as executors of activities. In out-of-school education, integrated service post activities are considered a means of non-formal education due to the interaction between cadres and communities who need health counseling. The interaction takes the form of exchanging information between cadres and the community.

Youth integrated service posts are one form of out-of-school education (non-formal education), which is an educational path held outside the formal school pathway. Law Number 20 of 2003 concerning the National Education System states the objectives of providing non-formal education as follows.

The integrated service post for adolescents in RW 09 Jamaica is a forum for health services for adolescents in the RW 09 Jamaica area. The following are the results of interviews conducted by researchers with several predetermined resource persons regarding the role of cadres. The results of a researcher interview with Mrs. Riska as the implementing officer on duty at table 4 (health consultation desk) at the integrated service post for adolescents RW 09 Jamaica. Based on the interview results, researchers concluded the role of cadres' role in the integrated service post activities for adolescents RW 09 Jamaica. The roles are as follows.

a. Implement the principle of five tables

The implementation of the adolescent integrated service post is divided into the principle of five tables. The five tables consist of (1) registration, (2) measurement, (3) recording, (4) consultation, and (5) counseling, information, and education (KIE) in the implementation of integrated service post activities for adolescents RW 09 Jamaica. Based on the narration from the resource persons, cadres carry out tasks in the registration, measurement, and peer counseling (KIE) section. Table 4 (consultation desk) is only carried out by puskesmas officers. Mrs. Riska said this, who stated that the cadres in charge of the integrated service post activities for teenagers RW 09 Jamaica had yet to be

trained to carry out the activities at Table 4. In addition, Lia said the same thing that cadres in charge of the integrated service post for adolescents RW 09 Jamaica have not been allowed to carry out medical check-up activities for adolescents.

b. Carry out peer counseling activities

Counseling is a process of assistance where counselors and clients form a professional relationship to help counselors or clients understand their existence, learn to make decisions and solve problems to help them develop optimally (M. Fatchurahman, 2017). Counseling is needed by adolescents in order to help psychic development. The form of peer counseling activities at the adolescent integrated service post is to make a compound questionnaire.

Inhibiting factors

The implementation of integrated service post activities for teenagers RW 09 Jamaica has several obstacles. Based on the narration of several speakers, researchers concluded the inhibiting factors or obstacles experienced. These constraints are as follows.

a) Youth participation

Youth integrated service posts are carried out by, from, to, and for the community, especially adolescents who are targeted by activities. Based on the results of the interview, teenagers in the RW 09 Jamaica area are not fully aware of the existence of the RW 09 Jamaica youth integrated service post.

b) Cadre commitment

Cadres are human resources (HR) who have an important role in the activities of the adolescent integrated service post. Based on the results of the interview, cadres at the RW 09 Jamaica youth integrated service post activities have not committed to their duties and roles. Cadres who have been selected and listed in the Certificate (SK) must be responsible for their duties and roles.

c) Cadre skills

A cadre is someone chosen by the community to help solve problems in the community. The selected cadres must have skills in carrying out their duties and functions. Based on the results of the interview, the cadres who served at the RW 09 Jamaica youth integrated service post did not have qualified skills in measuring.

d) Execution time

The adolescent integrated service post is carried out based on the results of a mutual agreement between cadres and puskesmas officers. RW 09 Jamaica youth integrated service post activities are held on Saturdays every month. However, the implementation was hampered by the scheduled arrival of puskesmas officers. Based on the narration of the speaker, the schedule for the implementation of the integrated service post activities for adolescents was delayed for one hour. This is because puskesmas officers still serve patients at the puskesmas.

e) Educational props or educational media

To educate teenagers, RW 09 Jamaica youth integrated service post uses *leaflet media*. The RW 09 Jamaica youth integrated service post does not yet have educational teaching aids. The media used are *leaflets*. Lia said that the media was not distributed to teenagers. This is because the availability of *leaflet media* is small so it is only placed on the table.

Solution

The results of interviews conducted by researchers to several resource persons regarding solutions are as follows.

a. Funding

Funding for adolescent integrated service post activities comes from being used to (1) increase the capacity of health workers and adolescent integrated service post cadres, (2) operational costs of the secretariat of the adolescent integrated service post working group, (3) operational costs of coaching, supervision, and technical guidance, and (4) operational costs supporting adolescent integrated service post cadres. (Ministry of Health, 2018: 42).

b. Cadre construction

UPT Puskesmas Sukapakir built the integrated service post for teenagers RW 09 Jamaica. The guidance is based on the position of the adolescent integrated service post for Puskesmas, namely as a forum for community empowerment in the health sector, which is technically fostered by Puskesmas (Ministry of Health of the Republic of Indonesia, 2018: 30).

Based on Mrs. Riska's narration, the training for cadres of the RW 09 Jamaica youth integrated service post this year has yet to be carried out. However, puskesmas officers guide cadres regarding the procedures for implementing integrated youth service posts. Guidance for these cadres consists of

1. the target of the youth integrated service post,
2. preparation before the implementation of the adolescent integrated service post, and
3. the assignment of roles at each table.

The construction is carried out by the puskesmas once a year because the puskesmas officers follow their budget. Mrs. Riska's narration said it is possible to carry out the construction once a semester for coaching if cadres need it.

c. Scheduling

The activities of the RW 09 Jamaica youth integrated service post are carried out in accordance with the agreement between the management and the puskesmas. Based on the results of the interview, the activities of the RW 09 Jamaica youth integrated service post were carried out based on an agreement from the management of the RW 09 Jamaica youth integrated service post. Puskesmas returns the implementation schedule to the management. This is because the management of the integrated service post for teenagers RW 09 Jamaica is more aware of the schedule of youth activities. Based on Yudi's narration, the implementation of the integrated service post for teenagers RW 09 Jamaica was carried out from 10 am to 1 pm. This is because not all teenagers of RW 09 Jamaica have the same school holiday schedule.

CONCLUSION

Based on the results of the discussion, the researcher drew the following conclusions.

1. The role of cadres at the RW 09 Jamaica youth integrated service post to educate on youth-integrated service post activities already exists but has yet to be maximized. The roles of cadres include (1) carrying out peer counseling activities, (2) implementing the five-table principle, and (3) providing compound questionnaires.
2. Factors inhibiting the role of cadres from educating in the activities of the integrated service post for RW 09 Jamaica adolescents include (1) knowledge of cadres who have not mastered optimally; (2) Puskesmas officers carry out the training time for cadres and adolescents is limited; (3) limited facilities and infrastructure.
3. Solutions to increase the role of cadres to educate in the activities of the integrated service post for teenagers RW 09 Jamaica include (1) conducting maximum coaching for cadres, (2) scheduling by the schedule of puskesmas officers and youth activities, and (3) cooperation with RW devices and village devices to assist in the fulfillment of facilities and infrastructure.

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